

High Register "Flick" Exercise
James Boldin, Assistant Professor
University of Louisiana at Monroe

This exercise is designed to help horn players coordinate a fast and focused air stream with the minute muscular motions necessary to play in the high register. Instructions on how to use this exercise are given below.

- 1) Play this exercise on fresh lips only. If you feel that you are using excess pressure (especially on the upper lip), stop and play the warm-down exercises at the end of the exercise.
- 2) Let the air stream and only very small lip movements create the notated pitches. As you ascend in register, the corresponding lip motions will decrease.
- 3) Suggested fingerings are provided, but experiment with other fingering combinations.
- 4) Strive for a facile and unlabored sound. Avoid "muscling" the notes into place.

The musical score consists of six staves of music, each in 4/4 time and marked *mf*. The tempo is indicated as $\text{♩} = 88+$. Each staff begins with a dotted line and a number above it, indicating a starting pitch: 1, 123, 13, 23, 12, and 1. The music is written in treble clef. The first staff starts on a whole note, followed by eighth notes, and then sixteenth notes. The second staff starts on a half note, followed by eighth notes, and then sixteenth notes. The third staff starts on a quarter note, followed by eighth notes, and then sixteenth notes. The fourth staff starts on an eighth note, followed by eighth notes, and then sixteenth notes. The fifth staff starts on a quarter note, followed by eighth notes, and then sixteenth notes. The sixth staff starts on a quarter note, followed by eighth notes, and then sixteenth notes. Each staff ends with a double bar line and two empty measures.

2
mf

0
mf

T23
mf

T12
mf

T1
mf

T2
mf

T
mf

T2 T1 T1 T1 T2 T1 T1 T1 *simile*
mf

T T2 T2 T2 T1 T2 T2 T2 *simile*
mf